

# Workshop timetable Bonnington Centre Saturday and Sunday

Location: Bonnington Centre 11 Vauxhall Grove SW8 1TD

Entrance: Door on the left of the Café.

Website: [bonningtoncentre.org](http://bonningtoncentre.org)

Facebook: [Bonnington Café and Centre](https://www.facebook.com/BonningtonCafeandCentre)

Instagram: [@bonnington\\_centre](https://www.instagram.com/bonnington_centre)

Payment: in person or via QR Code and add reason: 'Summer Flair 2023'

**QR code**  
for making  
**DONATIONS TO BCCA**

If you are donating for a particular reason, group, event, therapy or otherwise, please-

Add the 'reason for your donation' by using your receipt in GoFundMe:

1. Scroll to the bottom of your receipt
2. Select "Add a comment"
3. Edit your comment as required stating the reason for your donation and save



## Nearest tubes and buses:

- Vauxhall (Victoria line) 3min walk
- Oval (Northern line) 10min walk.
- Bus station: Vauxhall.

## Room dates and times:

1. Middle room - Saturday 3 June - 12 to 18:00
2. Middle room Sunday 4 June Times: 16:30pm to 18:30pm
3. Top room Sunday 4 June - Available 12 to 19:00.

Facilitator	Saturday 12 - 18:00	Activity	Session	Middle Room	Price
Jo Culf	12:10 - 13:10	Gong bath	60 mins	8 max	£10
<b>LUNCH BREAK</b>	<b>13:20</b>	<b>Arrange</b>	<b>Chairs</b>	<b>For poetry</b>	<b>0</b>
Jane Michelson Vuglar	14:00 - 15:00	Creative poetry	60 mins	8-10 max	£5
Sami Lamine	15:10 - 16:10	Drama: children 7 -14 years	60 mins	10 max	Free or donation to BCCA
David Spofforth	17:00 - 18:00	Sound bath	60 mins	8 max	£10
Facilitator	Sunday 16:30 - 18:30	Activity	Length	Middle room	Price
Jane Michelson Vuglar	16:30 - 17:30	Creative poetry	60mins	8 max	£5

<b>OPEN SLOT</b>	<b>17:00 - 18:30</b>	<b>Performance/music</b>	<b>50 mins</b>	<b>8-10 max</b>	<b>TBC</b>
<b>Facilitator</b>	<b>Sunday: 12-19:00</b>	<b>Activity</b>	<b>Length</b>	<b>Top room</b>	
<b>Jo Culf</b>	<b>12-13:00</b>	<b>Sound bath</b>	<b>60mins</b>	<b>15 max</b>	<b>£10</b>
<b>LUNCH BREAK</b>	<b>13:20 - 14:00</b>	<b>Arrange</b>	<b>Chairs</b>	<b>For Drawing</b>	
<b>Marian Medina</b>	<b>14:00 - 15:00</b>	<b>Drawing</b>	<b>60 mins</b>	<b>10 to 12 max</b>	<b>£5 includes paper/pencils</b>
<b>Jane Michelson Vuglar</b>	<b>15:10-16:10</b>	<b>Creative poetry</b>	<b>60 mins</b>	<b>10/15 max</b>	<b>£5</b>
<b>TEA BREAK</b>	<b>16:15 - 16:50</b>	<b>Clear</b>	<b>Chairs</b>	<b>away</b>	
<b>David Spofforth</b>	<b>17:00 - 18-00</b>	<b>Sound bath</b>	<b>50 mins</b>		<b>£10</b>
<b>OPEN SLOT</b>	<b>Sunday</b>	<b>Activity TBC</b>	<b>60 mins</b>	<b>17:30-18:30</b>	<b>TBC</b>
<b>TIDY UP</b>	<b>Sunday</b>	<b>Tidy</b>	<b>30 mins</b>	<b>18:30-19:00</b>	<b>Room</b>